CURRICULUM VITAE
Mr Lionel Christopher Bainbridge,
Consultant Hand Surgeon

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Dept of Hand Surgery
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Qualifications
MB.ChB. Aberdeen 1981
FRCS Edinburgh 1986
CCST in Plastic Surgery

Present Position
Consultant Hand and Peripheral Nerve Surgeon,
Pulvertaft Hand Centre,
Derbyshire Royal Infirmary,
London Road, Derby

Clinical Practice
I have been a consultant Hand Surgeon since 1994 following training as a Plastic Surgeon and then further subspecialist training in Hand Surgery. I cover the whole spectrum of Hand Surgery but also deal with management of complex wounds for my Orthopaedic colleagues. I provide the peripheral nerve injury service to the Midlands dealing with Brachial plexus injuries and tumours in both adults and children. I have been running this service for over 10 years dealing with an increasing volume of cases each year. In addition I have a special interest in joint replacement in the hand and congenital hand problems.

Membership of Professional Bodies
British Society for Surgery of the Hand
American Society for Surgery of the Hand
The International Society for Brachial Plexus and Peripheral Nerve Injury

Editorial Work
British and European Journal of Hand Surgery
British Journal of Plastic Surgery
Journal of Clinical Biomechanics
Journal of Brachial Plexus and Nerve Injury

Invited Lectures and Courses

I am regularly invited to give lectures on various aspects of Hand Surgery and Brachial Plexus surgery to trainees in Plastic and Orthopaedic surgery. I lecture on the training course for midwives run by the Erbs Palsy group. In addition I usually average 10 national and international invited lectures per year.

Recent Collaborative Research and Grants

National Health Service Centre for Coding and Classification. £3000, to develop a pilot graphical interface for hand surgery coding
Stratec Ltd £5000 for a study of Hedrocel dowels for small joint fusion
Dornier Medical Ltd. £130,000 for a study into ESWT for the treatment of tennis elbow.
BUPA healthcare resource group. £6000 for further funding of ESWT trial and the development of a paramedical accreditation course for ESWT

Present Research

Our first MD student is now into the second year of his thesis dealing with the differentiation of Vibration White Finger from Primary Raynauds. This is a combined project with the Departments of Vascular Medicine and Rheumatology at the Derby Medical School.
The role of Adcon Gel in the prevention of recurrent Dupuytrens disease following surgery. This is a multicentre, multinational trial with Derby as the lead unit.
The outcome of the Quad procedure for Erb's Palsy

Publications and Presentations

I have produced over 50 publications and presentations to peer-reviewed journals and learned societies dealing mainly with Hand Surgery and Peripheral Nerve surgery. I have also produced 4 chapters for major textbooks on Hand Surgery.

Medico-Legal Practice

I have had a medico-legal practice dealing 95% with Hand Surgery since 1994. I now carry out in excess of 400 medical reports a year on Hand and Peripheral Nerve Surgery issues. Presently my work splits 60:40 plaintiff:defence. The number of Single Joint Expert instructions is steadily increasing. I have received training in Courtroom techniques and the presentation of medical reports.
I have made reporting on Erbs Palsy a special interest and now see approximately 30 children and young adults a year for these reports.
My normal waiting list is 4 months for medical reports although more urgent reports can be accommodated by special arrangement.
I aim to send an appointment date within 3 weeks from receipt of instructions.
The report is issued within 2 weeks of the examination in over 90% of cases.